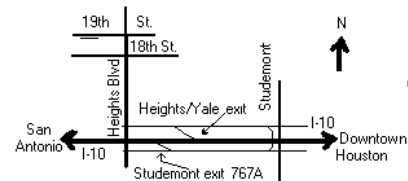




HOUSTON HAPPY HIKERS

Saturday September 30, 2017
HEIGHTS
11km/5km Walk
17/110210



SPONSOR: Houston Happy Hikers (AVA-15/TEX-6)

ELIGIBILITY/TYPE OF EVENT: Noncompetitive. Walk, jog or run at your own pace. It is open to all and families are encouraged to participate. Children under age 12 must be accompanied by an adult. Everyone participating **MUST** register and carry a Start Card and turn it in at the FINISH. This event normally will be held regardless of weather conditions.

STARTING POINT: Carter & Cooley Company

STARTING POINT ADDRESS: 375 West 19th Street, Houston, TX 77008; 713-864-3354

DIRECTIONS: From I-10 going east take the Heights Blvd exit. Left on Heights to 19th St. Left on 19th St to 375 W. 19th

From I-10 going west take the Heights-Yale Exit. Right on Heights to 19th St. Left on 19th St to 375 W. 19th

START/FINISH TIMES: Start anytime between 9:00 AM to 12:00 PM, finish by 3:00 PM.

DISTANCE: 11km/5km (6.82/3.1mi).

The route may be walked twice on the same Start Card for 20km Distance Credit.

AWARD: IVV credit.

TRAIL DESCRIPTION: Trail is rated 1A on crushed gravel jogging trail, city streets, sidewalks, and a paved walking trail. Leashed pets are not allowed in the businesses.

REFRESHMENTS: Water will be available at the Start/Finish and at the checkpoints.

REGISTRATION & FEES: No pre registration. Registration: \$3.00 for everyone. IVV record books will be available for \$6.00.

No Refunds for failure to participate.

DISCLAIMER: Houston Happy Hikers or Carter & Cooley Company are NOT liable for accidents, theft and/or damage.

Every reasonable effort has been made to make this a safe and enjoyable event.

INFORMATION: Mary Wheat @ 832-646-4319 or hhhpresident@houstonhappyhikers.com

Web Sites: www.houstonhappyhikers.com ; www.carterandcooley.com

The Houston Heights calls it "a diverse small town community in the heart of Houston where neighbors and businesses thrive, children learn and play, and history lives.

(<http://www.houstonheights.org/>)" We will be sampling this diversity. We will walk down the jogging trail in the middle of Heights Blvd, past the World War II Plaza (a really neat monument), past historic homes and their markers. Then along White Oak Bayou for over a mile to enjoy the open air then into the neighborhood of the heights to enjoy their homes, yards, and gardens.

